

LABOR & DELIVERY INFORMATION SESSIONS are group discussions which are held regularly throughout the year for the purpose of providing information which we believe will be helpful to you in participating your childbirth experience. Each session will be attended by one of our physician members who will present general background information and answer those questions which are of concern to you, and guide you on a tour of our labor suite at the end of the discussion period.

We encourage you, your spouse and/or accompanying labor support person to attend one of these sessions in preparation for your delivery. While the early to mid-third trimester (28-34 weeks gestation) is an ideal time to begin consideration of childbirth issues of importance to you, you are welcome to attend at any time. We would ask that you call our Kendall Park office @ 732-422-8989 approximately 1-2 weeks in advance of the scheduled session so that we will know to expect you.

For your convenience, we will list below the time, date and meeting location for all information sessions in the year **2015**. All sessions are held at Robert Wood Johnson University Hospital in New Brunswick.

Tuesday	January 13	7-9PM	Auditorium
Tuesday	February 10	7-9PM	Auditorium
Tuesday	March 10	7-9PM	Auditorium
Tuesday	April 14	7-9PM	Auditorium
Tuesday	May 12	7-9PM	Auditorium
Tuesday	June 9	7-9PM	Auditorium
Tuesday	July 14	7-9PM	Auditorium
Tuesday	August 11	7-9PM	Auditorium
Tuesday	September 8	7-9PM	Auditorium
Tuesday	October 13	7-9PM	Auditorium
Tuesday	November 10	7-9PM	Auditorium
Tuesday	December 8	7-9PM	Auditorium

Directions **from the RWJ University Hospital parking garage** (located on Little Albany Street just down the street from the emergency department) to the Auditorium is as follows:

Parking garage elevator to floor #1. Bear left off the elevator and continue down this corridor to the main hospital entrance. Just past the information desk (and just before the front entrance doors), turn left and continue down this corridor (with the glassed hospital entrance on your right side). At the end, turn left and then right toward "Administration". Go down the stairs and continue to the end of the corridor. Down the stairs is the Auditorium.